

FAMILY FIRST PLAY THERAPY CENTRE

NEW

BURLINGTON LOCATION

920 Brant St Unit #8

1-905-775-1620



Bradford Main Office
Established in 2000

WHO WE ARE?

FF therapists specialize in helping children, teens, parents and families offering evidence based techniques such as **Play Therapy**, Theraplay, Cognitive Behaviour Therapy and other forms of children's mental health techniques. .

INDIVIDUAL CHILD SESSIONS, FAMILY SESSIONS, PARENT COUNSELLING, PSYCHO-EDUCATIONAL ASSESSMENTS, CHILD TRAUMA ASSESSMENTS, INFANT AND CHILDREN'S SLEEP COACHING, CHILDREN'S GROUPS



familyfirstplaytherapy@bellnet.ca

WHAT WE DO?

A well renowned private children's mental health centre which supports attachment, regulation, trauma, grief, emotional and developmental challenges. Specialists in Children's Mental Health for over 22 years.

PSYCHOTHERAPY, SOCIAL WORK OR PSYCHOLOGICAL BENEFITS MAY COVER FEES FOR SERVICE.



www.familyfirstplaytherapy.net