

Dear Family First Clients,

We hope that you and your family are staying safe and healthy. Considering the recent indications for social distancing and self-isolation, Family First has made the decision to cease face to face therapy appointments for now. We do understand how important your therapy is, particularly in these challenging times. We are looking into the possibility of offering online virtual sessions and will contact you with more details soon.

Your phone messages and emails will be collected and responded to and we will do our best to support you and your child during this challenging time. If we are able to virtually connect Your regular appointment times may need to shift, but more information will follow shortly on how this will all be put into place.

We are thinking of you and want you to know we are there for you. We just need a few days to put protocols and systems in place to ensure confidentiality and to provide you with the best therapeutic support as possible.

Stay home, stay safe and healthy.

Warmest regards,

Lorie Walton and the Family First team